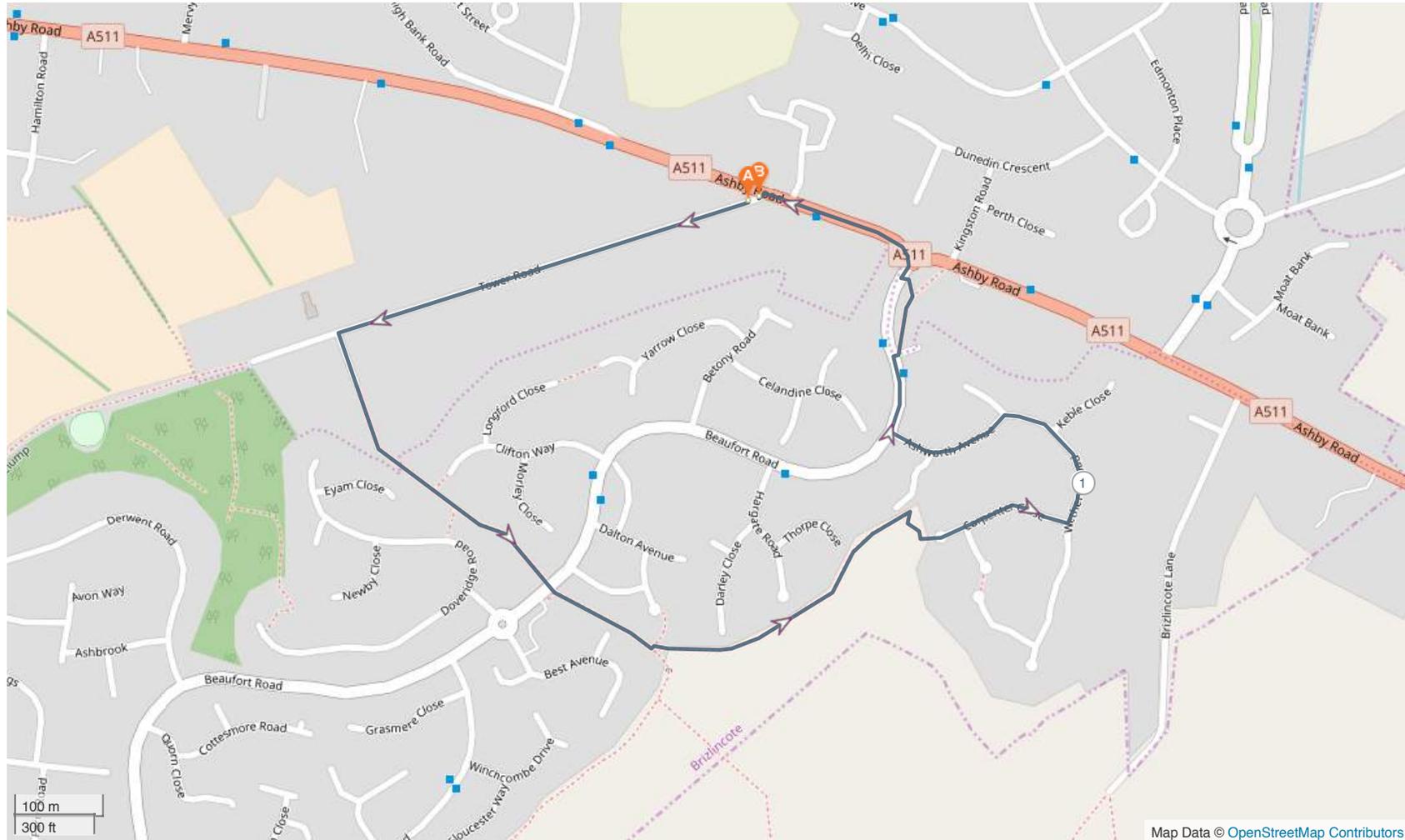


Into The Valley - Prayer Walk



Start & Finish:
Tower Road
1.8 miles

Tower Road - footpath to play area - Derwent Rd -
Circuit around Beaufort Road - Woodlands Trail back to Tower Road

Into the Valley

Prayer Walking

The point of prayer walking isn't about being seen to pray; it's about seeing and praying. You can pray quietly with others or in silence if it makes you feel more comfortable. However, don't be afraid to pray out loud if you feel compelled to.

Isaiah 40:3-11

A voice cries out: 'In the wilderness prepare the way of the Lord, make straight in the desert a highway for our God. Every valley shall be lifted up, and every mountain and hill be made low; the uneven ground shall become level, and the rough places a plain.

Then the glory of the Lord shall be revealed, and all people shall see it together, for the mouth of the Lord has spoken.'

A voice says, 'Cry out!' And I said, 'What shall I cry?'

All people are grass, their constancy is like the flower of the field. The grass withers, the flower fades, when the breath of the Lord blows upon it; surely the people are grass. The grass withers, the flower fades; but the word of our God will stand for ever. Get you up to a high mountain, O Zion, herald of good tidings; lift up your voice with strength, O Jerusalem, herald of good tidings, lift it up, do not fear; say to the cities of Judah, 'Here is your God!' See, the Lord God comes with might, and his arm rules for him; his reward is with him, and his recompense before him. He will feed his flock like a shepherd; he will gather the lambs in his arms, and carry them in his bosom, and gently lead the mother sheep.

Acclamation for Creation

Blessed are you, Lord God, King of the universe.

Your word brings on the dusk of evening.

Your wisdom creates both night and day.

You determine the cycles of time.

You arrange the succession of seasons and establish the stars in their heavenly courses.

The Lord of hosts is your name.

Living and eternal God, rule over us always.

Blessed be the Lord, whose word makes evening fall.

Acclamation for Rogation

God be gracious to us and bless us:

and make his face to shine upon us.

Let the peoples praise you, O God:

God be gracious to us and bless us.

Judge the peoples righteously and govern the nations upon earth.

God be gracious to us and bless us.

Let the earth bring forth her increase:

God be gracious to us and bless us:

and make his face to shine upon us.

cf Psalm 67

Acclamation for Harvest

The earth has yielded its harvest;

God, our God, has blessed us.

You visit the earth and water it;

you make it very plenteous.

You soften the ground with showers;

and bless the increase of it.

You crown the year with your goodness;

and your paths overflow with plenty.

The meadows are clothed with sheep;

the valleys stand so thick with corn,

they shout for joy and sing.

The earth has yielded its harvest;

God, our God, has blessed us. *cf Psalm 65.8,10,11,13; 67.7*

Before stepping out...

O Lord, open our lips
All and our mouth shall proclaim your praise.

Send your Holy Spirit upon us,
All and clothe us with power from on high. Alleluia.

Blessed are you, creator God,
to you be praise and glory for ever.
As your Spirit moved over the face of the waters
bringing light and life to your creation,
pour out your Spirit on us at this time
that we may walk as children of light
and by your grace reveal your presence.
Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

Before we go home...

Almighty God,
your ascended Son has sent us into the world
to preach the good news of your kingdom:
inspire us with your Spirit
and fill our hearts with the fire of your love,
that all who hear your Word
may be drawn to you,
through Jesus Christ our Lord.

All Amen. *The Prayer for Thy Kingdom Come*

Being made one by the power of the Spirit,
let us pray with confidence as our Saviour has
taught us

All Our Father, who art in heaven ...

May the Spirit kindle in us the fire of God's love.

All Amen.

Let us bless the Lord. Alleluia, alleluia.

All Thanks be to God. Alleluia, alleluia.

The Prayer for Thy Kingdom Come

Almighty God,
your ascended Son has sent us into the world
to preach the good news of your kingdom:
inspire us with your Spirit
and fill our hearts
with the fire of your love,
that all who hear your Word
may be drawn to you,
through Jesus Christ our Lord.

Other Prayers

Holy God,
faithful and unchanging:
enlarge our minds with the knowledge of your truth,
and draw us more deeply into the mystery of your love,
that we may truly worship you,
Father, Son and Holy Spirit,
one God, now and for ever.

Lord Christ, true light of the world,
shine, we pray, in the hearts of your people,
that we might see the Way that leads to eternal life,
and follow without stumbling;
for you are the Way, O Christ,
as you are the Truth and the Life.

Glory to God,
whose power, at work among us,
can do infinitely more
than we can ask or conceive;
to him be glory in the Church and in Christ Jesus,
for ever and ever.

Alleluia. Amen.

Ephesians 3.20-21

