

Collect

Almighty Lord and everlasting God,
 we beseech you to direct, sanctify and govern
 both our hearts and bodies
 in the ways of your laws
 and the works of your commandments;
 that through your most mighty protection, both
 here and ever,
 we may be preserved in body and soul;
 through our Lord and Saviour Jesus Christ,
 who is alive and reigns with you,
 in the unity of the Holy Spirit,
 one God, now and for ever.

First Reading**Isaiah 55.1–5**

A reading from the book of Isaiah

Ho, everyone who thirsts,
 come to the waters;
 and you that have no money,
 come, buy and eat!
 Come, buy wine and milk
 without money and without price.
 Why do you spend your money for that which is
 not bread,
 and your labour for that which does not
 satisfy?
 Listen carefully to me, and eat what is good,
 and delight yourselves in rich food.
 Incline your ear, and come to me;
 listen, so that you may live.
 I will make with you an everlasting covenant,
 my steadfast, sure love for David.
 See, I made him a witness to the peoples,
 a leader and commander for the peoples.
 See, you shall call nations that you do not know,
 and nations that do not know you shall run to
 you,
 because of the Lord your God, the Holy One of
 Israel,
 for he has glorified you.

Second Reading**Romans 9.1–5**

A reading from the letter of Paul to the Romans
 I am speaking the truth in Christ—I am not lying;
 my conscience confirms it by the Holy Spirit— I
 have great sorrow and unceasing anguish in my
 heart. For I could wish that I myself were

accursed and cut off from Christ for the sake of
 my own people, my kindred according to the
 flesh. They are Israelites, and to them belong the
 adoption, the glory, the covenants, the giving of
 the law, the worship, and the promises; to them
 belong the patriarchs, and from them, according
 to the flesh, comes the Messiah, who is over all,
 God blessed for ever. Amen.

Gospel**Matthew 14.13–21**

*Hear the gospel of our Lord Jesus Christ
 according to Matthew.*

Now when Jesus heard this, he withdrew from
 there in a boat to a deserted place by himself.
 But when the crowds heard it, they followed him
 on foot from the towns. When he went ashore,
 he saw a great crowd; and he had compassion
 for them and cured their sick. When it was
 evening, the disciples came to him and said, 'This
 is a deserted place, and the hour is now late;
 send the crowds away so that they may go into
 the villages and buy food for themselves.' Jesus
 said to them, 'They need not go away; you give
 them something to eat.' They replied, 'We have
 nothing here but five loaves and two fish.' And
 he said, 'Bring them here to me.' Then he
 ordered the crowds to sit down on the grass.
 Taking the five loaves and the two fish, he looked
 up to heaven, and blessed and broke the loaves,
 and gave them to the disciples, and the disciples
 gave them to the crowds. And all ate and were
 filled; and they took up what was left over of the
 broken pieces, twelve baskets full. And those
 who ate were about five thousand men, besides
 women and children.

Additional Collect

Lord God,
 your Son left the riches of heaven
 and became poor for our sake:
 when we prosper save us from pride,
 when we are needy save us from despair,
 that we may trust in you alone;
 through Jesus Christ our Lord.